

## Our Mission

We seek out innovative ways to combat hunger issues and reduce food waste in the greater Twin Cities area by being a link between those willing to help and those in need.

Twin Cities Food Justice

[tc.foodjustice@gmail.com](mailto:tc.foodjustice@gmail.com)

# Twin Cities Food Justice

---

*Helping those in need and reducing our environmental footprint one rescue at a time.*



TC Food Justice

---



## The Facts

More than 500,000 people in Minnesota are food-insecure. This is approximately **1 in 10** Minnesotans!

**41%** of Minnesotans report having to choose between paying for food and heating their homes.

At the same time, 1/3 of food is wasted each year in the United States—equivalent to **20 pounds per person per month**.

Food rescues exist to alleviate both waste and hunger. This process is made safe and easy by the Emerson Good Samaritan Food Donations Act, which provides liability protection to good faith donors.

## Who We Are

We are a group of graduate students at the



University of Minnesota - School of Public Health. Our education has inspired us to become active in our communities, and it is this common interest of helping others and the planet that led to the development TC Food Justice. We find the combined rates of hunger and food waste in the Twin Cities to be unacceptable, and as a group, we hope to find solutions to both issues.

## Our Plan of Action

Our plans are two-fold: rescuing quality food that would have been discarded and delivering it to specific populations that have barriers to accessing healthy food. Using volunteers, we will collect, sort, and transport food donations quickly and easily, and with minimal interference to the daily operations of grocery stores and food shelves.

## Why Join Us?

Joining us in the effort to reduce food waste is of little effort to you, but of major benefit to the community, your business or organization, and the environment! Partnering with us on this journey would help eliminate the amount of garbage you have to throw away, making it cost-efficient. We want you to be recognized for your donations as well, and will gladly promote your business or organization in our fight against hunger and food waste.

## How to Get Involved

We will organize each step of the process for you, whether you are donating or receiving food donations. Contact us to set up a drop off/pick up schedule, or to make a tax-deductible donation!

## Contact Us

Twin Cities Food Justice  
(612) 293-8002  
tc.foodjustice@gmail.com

Visit us on the Web:  
[www.facebook.com/TCFoodJustice](http://www.facebook.com/TCFoodJustice)